

JOSHUA HOUSE PROGRAM OVERVIEW

...Those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. Isaiah 40:31

PROGRAM DESCRIPTION

This is a one-year Christian program based on discipleship, Bible study, prayer, fellowship and accountability. God tell us in 2Cor 5:17 Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come! We know that one year seems like a long time, but what we have found is that it takes a considerable period of time for the reality of that biblical truth to occur, that is to let go of the old life and all of its habits and sins and to learn to live in the new life and the freedom that Christ has purchased for us with his own blood. We've seen that those who make it to one year have the greatest opportunity for success.

An opportunity to begin working outside the program will be offered when you are near graduation in order to prepare for your transition out of the program into a self-sustaining life. Those who graduate may be offered the opportunity to move to the second phase home in San Juan Capistrano based on availability. Graduation is not mandatory after twelve months as some might feel the need to stay in the program longer. Graduation should happen when the pastors, leadership and the participant mutually agree about the timing. Our hope and prayer is that each person, when they are ready, will be blessed out and into the next phase of their lives.

PROGRAM ADMISSION

Prospective members of the program will be given an overview of the program, including the willingness to make a one-year commitment and be interviewed by one of the pastors. Upon acceptance into the program, each person will go through an intake interview. This will consist of reviewing this document, filling out forms on medical history and current medical needs or doctor or hospital appointments. Each participant also agrees to sign the THE JOSHUA HOUSE RECOVERY PROGRAM (La Tienda Thrift Store Partnership) BENEFICIARY RELEASE AND WAIVER OF LIABILITY. We will also review current court and or legal status, including future court dates, probation, parole, fines, court ordered community service or any other outstanding issues. We may require that you spend 30-60 days at a Set Free Ranch to help you disconnect from relationships that are not healthy or to help you in your detox process. You may also be restricted to staying at the Joshua House premises and the store for your first 60 days in the program. Every resident is on 30 days probation after they are accepted to the program, this insures that you are a match for us and that we are a match for you. We've learned that this program is not for every man.

GUIDELINES FOR PERSONAL PROGRESS

The purpose of this program is to help you become a healthy, maturing Christian. There are a number of areas that we'll consider to help a student determine if he is progressing in the program.

- Spiritual progress and maturity
- Work discipline, teamwork, attitude and effort
- Helpfulness and kindness to others
- Family reconciliation and communication

JOSHUA HOUSE

Welcome to JOSHUA HOUSE your home for at least the next twelve months. While here you will be required to obey all of the following rules, guidelines, and procedures. Become very familiar with these guidelines and inform your family and friends about them, in order to help with your adjustment and stay here. We provide all our services, housing, meals, etc. at no cost to those who participate and we reserve the right to release anyone at any time from the program as we see fit.

This home is leased by the ministry and the ministry pays all of the costs to operate it. We want to be good stewards of the home by taking care of it as if it were our own. Once you leave the house in the morning to go to work, you should not return to the house until your workday is finished. We know that there might be some exceptions, however, the standard rule is that you are not allowed in the house during your working hours.

SPRITUAL THERAPY

Time spent in worship, prayer and Bible reading is an absolute necessity. From the experience of unsuccessful graduates of the past, we have learned that the lack of a consistent devotional life was a significant indicator of a lack of spiritual growth and an indicator of their potential lack of success upon leaving the program. Training yourself to stay close to God and have a consistent devotional life now will help you be prepared to do keep doing it once you have graduated. What you do now, will greatly influence what you do later! Our hope is that you will find a home church that you can become fully integrated with, developing healthy Christian relationships outside the program.

1. Attendance to all Bible studies, day or night, and Sunday services are mandatory, unless otherwise announced.
2. Proper dress is required for all services and meetings.
3. Residents may not sit with a female at any service unless she is a family member or has been previously approved for visits by the leaders .

WORK THERAPY

La Tienda is the Thrift Store that provides the revenue for the operating expenses of Joshua House. Every individual who lives in Joshua House will be assigned a job responsibility at La Tienda. It should be each person's goal to give their best every day in their assigned position. Your goal should be to work hard and to learn self-discipline when it comes to accomplishing and completing your work each day. Our goal should be Colossians 3:23-24 "Whatever you do, do your work heartily, as for the Lord rather than for men; knowing that from the Lord you will receive the reward of the inheritance. It is the Lord Christ whom you serve." Our value is that we take all, of every donation or pick-up that is made to this ministry, knowing that every time we fail to do so, means the possibility of losing a contributor. There may be certain instances where an entire pickup must be politely declined because it contains nothing that could be sold in the store, but this will be the rare occasion.

RECOVERY THERAPY

Each person that comes to Joshua House must develop a recovery program that is customized to his needs. We have seen that those who are the most successful after graduation in moving forward and not relapsing are those who have focused on their own personal recovery. This may include attending AA meetings, Getting a sponsor, seeing a counselor for one on one counseling, developing healthy relationships with others in the community who have learned to live a clean

and sober life.

EVERY MAN IS A REPRESENTATIVE OF GOD AND THIS MINISTRY

How we act and behave is a direct reflection on God and the ministry, you are ambassadors for both. Your Godliness, friendliness, kindness and attention to detail will make a powerful positive impact on our customers, the public and those who donate. Our hope and prayer is that whenever anyone mentions our ministry or our thrift store it will be to say something good or positive.

ITEMS ALLOWED AT THE STAFFS DIRECTION

Televisions, radios, ipods, mp3 players, cassette or CD players, pagers, personal or laptop computers, pocket games, video cameras, etc. are permitted at the staffs discretion, the decision for allowing these will be that they aren't allowed during working hours and if they are used for appropriate purposes. All such items must be turned into the managers upon arrival. This includes tapes, CD's and accessories. Cell phones may be allowed when you begin to transition to part time work as you complete your program. This will be at the discretion of the pastors. If you are allowed a phone, it should not be used for personal use during working hours, violations will result in your phone being turned into the pastors for a period of time.

TELEPHONES

After 60 days, each resident is required to have a cell phone. The program will pay up to \$70/month for your service. Cell phones are required by the program so that you will always be available for phone calls for checking in with staff, for staff to check in with you when you are off premises.

The phone schedule is as follows:

1. Personal phone calls are not to be made during your working hours.
2. Court, doctor calls, P.O. work interview calls are accepted during regular business hours.

MAIL

Incoming and outgoing mail will be monitored. JOSHUA HOUSE has the right to request that any mail be opened in the presence of staff. All packages will be subject to inspection and must be opened in front of the staff in charge of mail distribution.

1. Return address and name of sender must be on all incoming and outgoing mail
2. No subscriptions for literature (magazines, newspaper, etc.) are permitted

LIVING QUARTERS

All residents are assigned a bunk while at JOSHUA HOUSE. If a problem arises in your bunk area try and work it out between each other or with house manager. The house may be inspected at any time deemed necessary by staff and regularly for order and cleanliness. Bunks are expected to be neat and orderly at all times.

ROOMS

1. Wastebaskets must be emptied regularly and washed out if dirty
2. Floors be cleaned each week
3. Keep all walkways clear for safe passage.
4. Beds are to properly made each day before breakfast
5. Drawers of dresser or chest must be kept closed at all times

RESIDENTS

1. Residents are to be respected.
2. Resident's possessions are to be respected. If it doesn't belong to you leave it alone. (Mat. 7:12)
3. You are your BROTHER'S KEEPER. If you see or hear a roommate, or any other resident, doing or saying anything in violation of or contrary to Scripture or JOSHUA HOUSE guidelines, you are under obligation to confront them in love. Give them the option and reasonable time to confess a matter.

CLOTHING

1. Clothes are to be neatly hung in the closet or on the clothes rack, Shoes are to be placed either under the bed or on a shoe rack
2. Clothing allowed
 1. Work pants 4
 2. Work shirts 4
 3. Dress pants 3
 4. Dress shirts 4
 5. Dress suits 2
 6. Shorts 3
 7. Shoes 4

THE DAILY ROUTINE

In the morning, you should be up, dressed, and ready for Proverbs and then have eaten and be ready for Bible Study by 8am. If you work the first shift, you should be at your work area by 9:30am. In the evening, you are required to be in the house by 9:30 with the television and other electronic devices off and lights out at 10:00 pm. Saturday is 11:00pm. All necessary personal care toilet, teeth brushing, showers etc. should be completed. No resident is allowed outside Joshua House for any reason from 10:00pm- 6:00 am.

PERSONAL

1. Use or possession of tobacco product is discouraged; our hope is that at the end of your time at Joshua house, you will leave as a non-smoker!
2. Use or possession of drugs, or alcoholic beverages by a resident or their visitors is strictly prohibited
3. No medication of any kind is to be kept by resident unless authorized by JOSHUA HOUSE management and must be monitored through management.
4. Keep yourself and bunk clean at all times. Shower every day! To conserve water, keep your shower-time to a minimum (3 to 5 min.)
5. No weapons of any kind are allowed at Joshua House.
6. All physical contact is strictly prohibited including horseplay.
7. Profanity, vulgarities, slang, street talk and attitude, and racial remarks are strictly prohibited,
8. Do not borrow or tamper with items not belonging to you without permissions from the owner. Learn to exercise respect for the property of other people. Lost and found items are to be turned in to office.
9. You must be properly dressed by breakfast time and throughout the rest of the day. No

- flip-flops are allowed while you are working.
10. Residents are discouraged from having expensive clothing, jewelry, or other valuable personal items in their possession. Such items are unnecessary and generally only encourage envy and theft. All money will be given to Joshua House management and will be held by one of the Pastors and funds may be requested at anytime.
 11. It is never appropriate to make appeals for money or material items for yourself or another person (including TIPS) through announcements, prayer request, prayer, or personal conversation. All forms of personal solicitation are strictly forbidden at any time while on or off the campus.
 12. Hair is to be worn “moderately” AND KEPT NEAT AND CLEAN.
 13. All residents must be dressed and ready for their work day before breakfast

FAMILY VISITS

All visitations must take place in the appropriate outside areas or if leaving the premises your destination should be approved by one of the pastors.

Individual rooms are off limits to all guests. Visitors are limited to immediate family members. Residents will be eligible to receive visitors the first weekend after the complete one month as a resident. Request for a visit must be given to management at least one (1) week prior to the planned visit. Visits should be spaced so that a visit is not within four (4) weeks of the last visit or pass. All visits must be scheduled through management.

Visits should be scheduled for the Sunday's that you are not scheduled to work. Visits are for family members only. A parent (s) must accompany a fiancée for any visit. When resident returns to the house for a visit, he must check back in with house manager immediately upon arrival— even if additional time is to be spent with family on site.

Residents who are from the San Clemente area should not expect special privileges to be extended for going home just because of their proximity to family members. They should never use ministry vehicles, or work time to visit or see relatives.

Any special requests for a pass must be made to one of the pastors in advance.

MARRIED PASSES

Married residents are eligible for a marriage pass in their third month. To receive this privilege, management must first verify the resident's marital status.

There must be a minimum of four (4) weeks/28 days between visits and/or passes.

WEEKEND PASS

Residents become eligible for a weekend pass beginning with their fourth month and this pass will be granted on merit. Weekend passes must be at least 6 weeks apart. Passes may be given over the following holidays weekends: New Year's, 4th of July, Labor Day, Memorial Day, Thanksgiving, or Christmas – at the pastor's discretion.

1. NO staying with members of the opposite sex while on a weekend pass unless it's a spouse.
2. All passes must be requested (3) weeks in advanced.
3. All residents are subject to drug testing when returning from a pass or at any other time by Joshua House management.

GUESTS

Resident's are expected to be courteous at all times. Visitors may provide times of testing and temptation. Refrain from singling out any individual for personal attention or gain.

Joshua House is a ministry, and any gift or gifts given by a visitor must be given through JOSHUA HOUSE so that all may benefit. Any items given to an individual in the program must be turned over to staff. No resident may accept a gift for himself, money included. Any food given must be eaten in lunchroom and cannot be taken to the house.

RELATIONSHIPS

New relationships while you are in the program are not encouraged because it results in a divided interest. As Jesus said, it is hard to serve two master's, it's hard to have a girlfriend who expects certain things from you, especially your attention and the priorities of the program and getting your life in order. However, if you are already in a relationship, our hope is that you would be willing to bring it under the spiritual covering of the pastors. Our goal is to help you develop your relationship in a Godly way. We'll seek to answer two vital questions: is she the one and are you ready to be married? The answer to those two questions will help us guide you forward. We'll help you prayerfully consider whether the relationship is healthy and should continue or if it might be time to end it. Your cooperation and trust on this will be vital. We know it's not good for man to be alone while at the same time, we know God has a process that will help you develop a relationship that is based on the Word and centered on Christ. The 4 biggest questions you should ask yourself when it comes to a relationship is: Am I spiritually ready? Am I emotionally ready? Am I free from my addictions? Am I financially ready? When you can answer yes to all of these questions then you are *probably* ready for a relationship

VEHICLES

1. NO resident will be permitted to have an automobile, motorcycle, motorbike, or other powered vehicle at JOSHUA HOUSE until they are within one month of graduation.
2. No one is to drive vehicles without permission and must have their names added to the JOSHUA HOUSE insurance policy prior to driving a vehicle.
3. Drivers are to drive directly to assigned stops and back, stopping for another reason (sodas, snacks, seeing other people or family, etc. is prohibited)

LAUNDRY

All laundry is to be done by each resident. Every wash load should be a full load as to not waste water or electricity.

MEDICAL CARE

Resident will pay for all medical care. JOSHUA HOUSE will do everything possible to accommodate the need to get to appointments. JOSHUA HOUSE will not be responsible for any medical or dental cost.

BOUNDARIES / LEAVING GROUNDS

You are expected to remain within the appropriate areas of JOSHUA HOUSE and La Tienda. You may leave the grounds only with another person, or family member after it has been cleared in advanced and you have been properly checked out by a staff member or leader.

DISCIPLINE

Discipline is to help a resident correct a condition that he may be having difficulty correcting on his own. The use of external limits can help a person adjust to the Christian life and maintain good behavior until they develop self-discipline. All decisions regarding discipline are final. Pastors and staff evaluate all offenses and discipline is determined on an individual basis taking into consideration the severity and frequency of the offense(s) Therefore, two residents with the same offense may receive different discipline.

MINOR OFFENSES:

These are offenses that occur in the resident's everyday living at JOSHUA HOUSE and are not severe in nature, but require discipline to aid in the training and development of character in the residents life.

Minor offenses may include:

1. Personal hygiene
2. Bunk cleanliness
3. Lights, fans. Etc. left on in the house
4. Abusing phone call privileges
5. Laziness on work assignments
6. Not listening to or following instructions
7. Inappropriate dress or hair style
8. Tardiness
9. Any other offense the manager or pastor considers minor in nature

DISCIPLINE FOR MINIOR OFFENSES:

This may include one or more of the following

1. Voluntary work hours and/or-
2. Writing Scripture passages or essays pertaining to the offense{s}
3. Losing privileges that pertain to the offense{s}, e.g.- student talking on the phone longer than the allotted time would lose his next phone call, etc.}
4. Memorizing Scripture pertaining to the offense{s}
5. Any correction deemed necessary by manager

MAJOR OFFENSES:

These are offenses that are more serious in nature. Such offenses that put the safety of persons at risk, may jeopardize the integrity of the program, or are clearly opposed to the purposes of the program and Biblical principles and conduct. Areas of major offense may include.

1. Using drugs (including alcohol) at any time while in the program and/or bringing the same on the facility.
2. Theft, being party to the same, or concealing information of such activity
3. Possession of pornographic or suggestive material
4. Purposely damaging or destroying property
5. Any physical or verbal aggression towards staff or resident
6. Being in another resident's bunk or personal property
7. Use of a vehicle for personal use or errands while working
8. Failure to use a vehicle for going directly to and from a job or pick-up.
9. Not returning from pass on time {calling in does not excuse this offense}
10. Consistently disobeying JOSHUA HOUSE rules or displaying a negative, uncooperative, insubordinate, and disobedient attitude toward authority as

determined by the pastors.

11. Exchanging phone number, addresses, or email information with anyone outside the program whether you are on or off premises anytime.
12. Beginning new relationships with anyone of the opposite sex or maintaining an established relationship via mail, phone calls, pass, or visits without your manager or pastor approval
13. Personal solicitation of money or material items for personal gain or that for another's benefit.
14. Inappropriate communication, contact, or involvement with another student's visitors
15. Going beyond authorized physical boundaries as stated.
16. Any sexual advances, contact, or activity with another person (other than spouse during pass.
17. Cursing on or off premises verified.
18. Not doing minor discipline action
19. Any other offense{s} the manager or pastors determines is a major offense

DISCIPLINE FOR MAJOR OFFENSES:

This may include one or more of the following and/or items under Discipline for Minor Offences:

1. Voluntary work hours and /or-
2. Cannot participate in any ministry team, or other ministry group.
3. Passes to go anywhere off the facility at any time will be suspended immediately or denied.
4. Visit requests will be suspended immediately and be deferred or denied
5. You are not to represent JOSHUA HOUSE in any way in any activity on or off the facility.
6. Any recreational privileges are suspended with the exception of walking , jogging and calisthenics in approved outdoor areas.
7. You may elect to do volunteer work detail thereby reducing the severity and/or length of your indefinite discipline status.
8. Transfer from one facility to another
9. Thirty to Sixty day Refocus at a Set Free Ranch.
11. Another discipline deemed necessary by managers or pastors

RESIDENT ACKNOWLEDGMENT OF RULES AND GUIDELINES

All JOSHUA HOUSE rules and guidelines are subject to deletion, suspension, modification or additions at any time by approval of the Directors and Board. These rules are set down as guidelines and are not a contract for graduation or continuation in the program. Graduation or dismissal from JOSHUA HOUSE is completely at the discretion of the pastors, staff and leadership.

I understand that I must turn over any money in my possession over the amount of \$20.00 Any money above that amount will be held on account by JOSHUA HOUSE until I leave the program. This includes any money earned while in the program. I understand this is done to help me save money for my exit from the program.

I understand and give my consent to be drug tested at the discretion of the management at any time.

I _____ do hereby acknowledge that I have read and understand these rules and guidelines and that I understand that only by keeping them may I remain in the program.

Participant Name Printed: _____

Signed: _____ **Date** _____

Signed – Pastor or House Manager: _____